



CAMARILLO CENTER NOVEMBER CLASS SCHEDULE

6

LIVING WITH VISION LOSS

Explore the emotional impact of sight loss.

STEPS TOWARD INDEPENDENCE

Learn key daily living skills to gain confidence for independent living.

13

CONNECTION POINTE: MAKING TECHNOLOGY WORK FOR YOU

Learn how to get the most out of new high-tech devices like iPads and iPhones, and how to download audio books and gain access to Braille Institute's Library Services.

20

ADAPT, ADJUST, THRIVE

Join in a group experience focusing on emotion support covering topics including living with vision loss and general related issues.

SAFETY TIPS FOR GETTING AROUND YOUR HOME AND COMMUNITY WITH LOW VISION

Learn techniques on how to navigate around one's home, neighborhood, or the world in a safe and efficient manner.

27

KITCHEN CONFIDENCE

Learn easier, safer ways to cook, and techniques for grocery shopping, organizing shelves, cutting, measuring and other tools and tips. This class will make lunch and enjoy the results!

CLASSES HELD TUESDAYS 10AM-NOON

816 CAMARILLO SPRINGS ROAD
CAMARILLO, CA 93012

REGISTER AT (805)682-6222