



2019 CONTEST APPLICATION FORM Explorers & Trailblazers



DUE DATE: JANUARY 5, 2019

ORIENTATION AND MOBILITY SPECIALISTS, TO SUBMIT A STUDENT APPLICATION

Complete this skills checklist and attach a signed and completed Parents' Permission Form and submit to: **Foundation for Blind Children, 1234 E Northern Ave, Phoenix, AZ 85020, Attn: Celeste Teply. Any questions, please call 602-337-8258 or email: cteply@seeitourway.org.**

Cane Quest seeks to motivate blind and visually impaired youth to practice proper safe travel techniques and overall orientation and mobility skills. It's designed to promote a student's confidence in any surrounding and build true mobility independence. **This form must be completed by an Orientation & Mobility Specialist** to validate the student's skill level and visual acuity. A separate form must also be signed by a parent or legal guardian for a student to participate.

The Contest will be held at Foundation for Blind Children on January 26, 2019.

All contestants will receive a certificate of participation. The winner for each contest age group and vision acuity level will be awarded prizes.

CONTEST DESCRIPTION:

1. Cane Quest is a program developed by Braille Institute and open to visually impaired students in grades 7-12 who have received appropriate instruction in the use of the white cane, and who are both cognitively and physically able to walk independently for an hour at a time. A student should be familiar with the skills on the checklist, but does not have to have mastered all of them.
2. A student's visual acuity must fall within the B1 through B2 classification range as defined by the United States Association of Blind Athletes.
 - **Class B1** - No light perception in either eye up to light perception, but inability to recognize the shape of a hand at any distance or in any direction.
 - **Class B2** - From ability to recognize the shape of a hand up to visual acuity of 20/600 and/or a visual field of less than 5 degrees in the best eye with the best practical eye correction.
3. Students must use a white cane for this contest, and must wear closed-toe shoes.
4. Cane Quest will be held rain or shine, but will be postponed or cancelled due to lightning.
5. Students will compete in one of four groups:

Explorers	Trailblazers
• B1; grades 7-9	• B1; grades 10-12
• B2; grades 7-9	• B2; grades 10-12
6. Students will be monitored at all times throughout the route by certified orientation and mobility specialists and assisted one-on-one by trained volunteers.
7. The route will include two basic environments: residential and light business or business.
8. All routes will be located in the community surrounding **Foundation for Blind Children**. Routes may include, but not be limited to, features such as finding a commercial storefront, using stairs, and navigating various types of intersections.
9. Points are earned for accurately completing each stage using proper travel techniques and procedures within the assigned time slot.
10. All judging is performed by certified O&M specialists.

CONTESTANT'S NAME: _____

O&M Specialist's Name _____

Specialist's Address _____

Specialist's Telephone _____ Specialist's E-mail _____

Name of School _____

Name of School District _____

Student's Age _____ Student's Grade _____ Vision Classification: B1 _____ B2 _____

SKILLS CHECKLIST FOR CANE QUEST

This checklist is to be completed by a certified Orientation & Mobility Specialist. Each of the following skills should be assessed on a scale of 1-4, with 1 representing poor and 4 representing excellent, and based on average expectations for a student at grade level. Students are not required to be proficient in all skills to participate. Contestants are encouraged to seek assistance at any time during the contest if they are not confident performing any task. All skills apply to all eligible students in grades 7-12 grade, except where specified for Trailblazers only.

Please circle one:

Protective Techniques	1	2	3	4
Dropped Objects	1	2	3	4
Sighted Guide Techniques	1	2	3	4
Cardinal Directions	1	2	3	4
Care of the Cane	1	2	3	4

CANE TECHNIQUES

Two Touch Technique	1	2	3	4
Touch and Drag Technique	1	2	3	4
Shoreline/Guideline Technique	1	2	3	4
Three-point Touch Technique	1	2	3	4
Constant Contact Technique	1	2	3	4
Diagonal Technique	1	2	3	4

RESIDENTIAL TRAVEL

Travel a variety of specified routes	1	2	3	4
Reversing routes	1	2	3	4
Travel around a rectangular block	1	2	3	4
Cross residential streets	1	2	3	4
Cross 4 way stops	1	2	3	4
Cross in a clockwise direction	1	2	3	4



CONTESTANT'S NAME: _____

Cross in a counter-clockwise direction	1	2	3	4
Systematically relocate sidewalk	1	2	3	4
Reposition self on sidewalk and continue walking in desired direction	1	2	3	4
Use self correction techniques	1	2	3	4
Use appropriate cane techniques for moving around obstacles	1	2	3	4
Execute a route using directional instructions	1	2	3	4
Follow audio directions	1	2	3	4
Use landmarks for orientation	1	2	3	4

LIGHT BUSINESS and BUSINESS TRAVEL

Identify street layouts	1	2	3	4
Traffic patterns	1	2	3	4
Types of intersections	1	2	3	4
Cross at accessible signals	1	2	3	4
Cross signal intersections parallel to a major street	1	2	3	4
Identify the available sensory cues	1	2	3	4
Use appropriate cane techniques for negotiating obstacles	1	2	3	4
Solicit assistance for the purpose of orientation or making transactions	1	2	3	4
Locate a specified business	1	2	3	4
Locate, approach stairs both going up and going down, descend and ascend safely with appropriate cane skills	1	2	3	4

Trailblazers Only (grade 10-12)

Bus Travel Skills	1	2	3	4
Cross major signal intersections with left turn signals	1	2	3	4

Student's Signature: _____

Orientation and Mobility Specialist's Name: _____

Orientation and Mobility Specialist's Signature: _____

Date: _____

