



**SANTA BARBARA CENTER - FALL SCHEDULE**  
September 4 - December 14, 2018

Register for classes:  
call Tracy Alfino  
(805) 682-6222 Ext. 8302

<b>MONDAY</b>			
	<b>MORNING (10AM - 11AM)</b>	<b>MID-DAY (11AM - 12PM)</b>	<b>AFTERNOON (1PM - 2PM)</b>
Daily Living Skills	Computers Diabetic Cooking Independent Living Skills	Computers Diabetic Cooking (con't) Handwriting & Paper Organization	Computer Lab Sensory Awareness Living with Vision Loss
Arts & Healthy Living	Basketry Beginning Ceramics	Basketry (con't) Beginning Ceramics (con't)	Healthy Living (spanish) Ceramics Lab History of the World
Offsite Activities	Golf Out & About - Field Trips	Golf (con't) Out & About - Field Trips (con't)	
<b>TUESDAY</b>			
	<b>MORNING (10AM - 11AM)</b>	<b>MID-DAY (11AM - 12PM)</b>	<b>AFTERNOON (1PM - 2PM)</b>
Daily Living Skills	Cooking Skills Surfing the Internet	Cooking Skills (con't) Computers/iPhone Assertiveness Skills	Reading Group (spanish) Sensory Awareness Living Confidently with Greg
Arts & Healthy Living	Seasonal Crafts Ceramics	Seasonal Crafts (con't) Ceramics (con't)	Seasonal Crafts Ceramics Lab
Offsite Activities	Sensory Field Trips	Sensory Field Trips (con't)	
<b>WEDNESDAY</b>			
	<b>MORNING (10AM - 11AM)</b>	<b>MID-DAY (11AM - 12PM)</b>	<b>AFTERNOON (1PM - 2PM)</b>
Daily Living Skills	Computer/iDevices On The Same Page Book Club Living Confidently with Greg Kitchen Confidence	Computer/iDevices Braille Men's Support Group (12-1pm) Kitchen Confidence (con't)	Computer Lab Independent Living (spanish) Sensory Awareness/ILS Desserts & Healthy Treats
Arts & Healthy Living	Arts & Crafts The World of Clay Piano with Joe Pixley	Arts & Crafts (con't) The World of Clay (con't) Music Appreciation with Joe Ancient Healing Arts with Chantal	Ceramics Lab Poetry of Rock with Gail
Offsite Activities		YMCA Physical Education (12:30pm)	YMCA Physical Education (con't)
<b>THURSDAY</b>			
	<b>MORNING (10AM - 11AM)</b>	<b>MID-DAY (11AM - 12PM)</b>	<b>AFTERNOON (1PM - 2PM)</b>
Daily Living Skills	Computer/iDevices Rights & Resources History of Santa Barbara Advanced Cooking Skills	Computer/iDevices ABC's of Beginning Braille Adapt, Adjust, Thrive with Debbie Advanced Cooking Skills (con't) Braille	Computers Independent Living Skills Spanish Reading Group
Arts & Healthy Living	Handbuilding with Clay Guitar with Michael	Handbuilding with Clay (con't) Guitar with Michael Documentary Class (12-1pm)	Healthy Living - English Ceramics Lab (advanced) Guitar with Michael Self Defense Current Events with Helen
Offsite Activities	"See Life" Swimming (10:30-2pm)	"See Life" Swimming (con't) Horseback Riding (11-12:30pm)	
<b>FRIDAY</b>			
	<b>MORNING (10AM - 11AM)</b>	<b>MID-DAY (11AM - 12PM)</b>	<b>AFTERNOON (1PM - 2PM)</b>
Daily Living Skills	Computer/iDevices Braille Kitchen Confidence Adapt, Adjust, Thrive with Debbie	Computer/iDevices Braille Kitchen Confidence (con't)	Computer Lab Beginning iPad wth Linda Handwriting & Paper Organizing Support Group (spanish)
Arts & Healthy Living	Wheel Throwing & Sculpture Movement: A Series of Exercises Peace Education with Masayo	Wheel Throwing & Sculpture (con't) Dance Steps with Dan Bold/Beautiful - An Easy Art Form More Science with Steve	Ceramics Lab Beginning Harp, Poetry & Song Trivial Pursuit Darts
Offsite Activities	Zodos - Bowling	Zodos - Bowling (con't)	Walk for Health (12:30-2pm)